Below are some recipes from UG residents

These are from our facebook page (we'll keep adding as they come in!)

- 1. Pan Seared Scallops
 - https://www.pinterest.com/pin/254242341452467533/sent/?invite_code=f38c1e77aae34ad6b 1bb0391264e032d&sender=254242478872336258&sfo=1
- 2. Salsa Chicken (from Sharon Pane) put a whole chicken in the crockpot, salt, pepper. Then add whatever salsa you like. Cook on low all day. Shred and serve over egg noodles or rice. You can add a can of fiesta corn if you want.
- 3. Sourdough Raised Donuts https://whattomunch.com/raised-sourdough-doughnuts-are-light-pillowy-and-very-tasty/?fbclid=lwAR3cQ_zg0CBf2i_b43DqxRN59BLgSD8YdGxjb1a5T1AGTO0vQXTS-SOdVo4
- 4. Vegan Big Mac https://www.bosh.tv/recipes/the-vegan-big-mac
- 5. Crack Chicken Noodle Soup https://12tomatoes.com/crack-chicken-noodle-soup/

UPPER GWYNEDD TOWNSHIP PARKS AND RECREATION